

Guidelines for new members

Climbing and mountaineering

- Basic climbing competency is required i.e. the ability to belay (please refer to the 'Belaying Guidelines' document and with respect to traditional climbing, experience of removing gear.
- The AMC do not provide training however, experienced leaders MAY take you out climbing the more training you have beforehand, the better.
- Helmets, harness, shoes and a belay plate are required at a minimum for climbing. Slings, carabiners and rope are even better. Think about what suitable equipment you would need on a trip e.g. ice axe and crampons for winter mountain areas. Always ask the trip organiser if you are uncertain.

Email list

Members are able to contact each other to arrange informal climbing trips through the membership email list.

AMC trips are advertised here.

Emailing guidelines:

Used for anything climbing related.

Recommended information to email when looking for a climbing partner: describe your level of climbing eg HS Trad or 5C sports, your belaying experience e.g. that you can belay and second on two ropes and indicate what gear you have. The more information you provide, the more likely other climbers will reply.

No advertising is allowed through the AMC email group.

When replying respond directly to the person who sent out the message, rather than to the whole AMC.

Refer to 'Mailing List Guidelines' documents or contact a member of the committee if you are unsure of your email content prior to sending to the whole AMC.

Trips

- Monthly in winter. Fortnightly in summer.
- Hut places are limited. Camping is not usually restricted.
- Be proactive in finding someone to climb with before you go. For new members it may be that on your first trip you will be just getting to know the others there. You may find an opportunity to climb but it's best not to make that assumption. We appreciate everyone has to start somewhere and most leaders are happy to provide advice to inexperienced climbers. But be aware that leaders often have their own agendas and preferred climbing partners and a refusal could cause offence. So to avoid disappointment, try to communicate in advance with all club members attending the trip to arrange climbing partners.
- Bring the right equipment for the activity you plan on doing.

- For trips you will need to provide your own tent/sleeping system/food etc
- Members generally share lifts and fuel costs on a trip – email the members going along on the trip to arrange. Some huts have restricted parking spaces.
- Check out the climbing and walking on offer in the area before the trip – guides and maps are always available from the club librarian.

If you are concerned about finding someone to climb and don't want to take a chance then come along to the pub meets when you can, or use the members email to make initial contact to perhaps climb with them before the trip.